

WHAT IS IT LIKE TO GROW UP IN THE HUTT VALLEY?

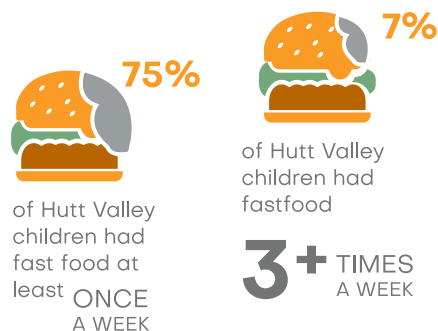
80% of our **HEALTH AND WELLBEING** is determined through our **SOCIAL, ECONOMIC and PHYSICAL ENVIRONMENTS (50%)** and our behaviours (30%).
Only 20% is determined by our access to and quality of health care.

Eat and drink

Unhealthy options

ON AVERAGE children are exposed to **27 JUNK FOOD ADVERTISEMENTS**

& **4.5 ALCOHOL ADVERTISEMENTS** a day



Māori children 5x more likely to be exposed to alcohol marketing mostly via SPORTS SPONSORSHIP

70% ACROSS NZ **7% ACROSS NZ**

Healthy options

Hutt Valley Children



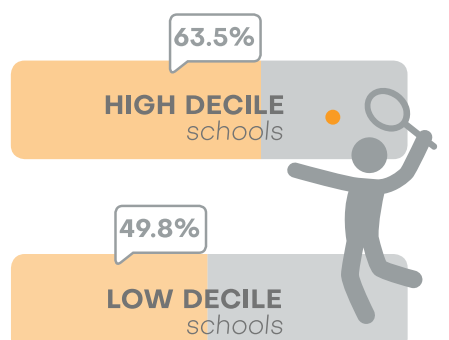
Spend their time

CHILDREN in the WELLINGTON REGION **SPEND MORE TIME** in **FOOD RETAIL OUTLETS** than at **STRUCTURED SPORT OUTDOOR RECREATION** & **locations combined**



Lower Hutt secondary students involved in **SCHOOL SPORT**

Screen time

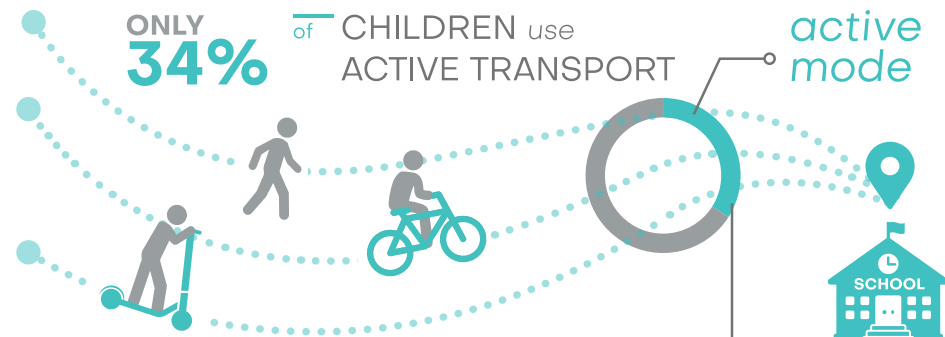


ACROSS THE HUTT VALLEY **81%** of children watch more than the recommended **2 HOURS OF SCREEN TIME**

Screen time is exclusive of school or homework

How children get around

Transport to school



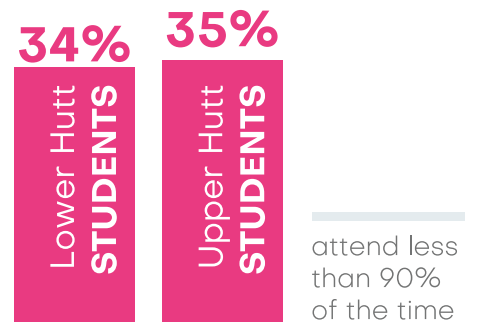
CAR is the most common form of transport for Hutt Valley's young people



higher for **Māori and Pasifika**
51% of Māori children use active transport
41% Pasifika

Education

If you attend school **90%** of the time, you'll lose about **A YEAR OF EDUCATION** of your school life



More than **1,200 students** in the Hutt Valley attend school **less than 70% of the time**

IT'S COMMON FOR

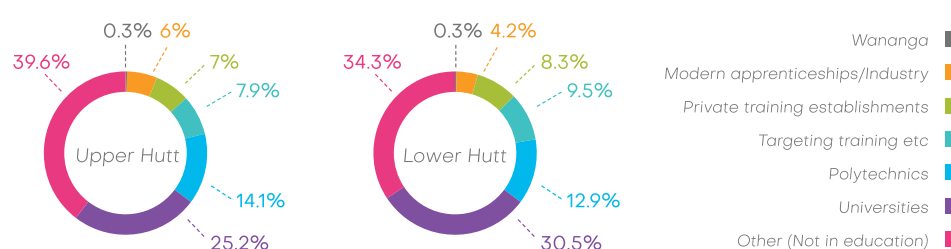
1/3 of the roll of **LOW DECILE schools** to **TURN OVER EACH YEAR**

MORE students in the Hutt Valley **MOVE SCHOOLS TWICE OR MORE** in a year than the rest of New Zealand

HOUSING INSTABILITY IS THE MAIN CAUSE for **MOVING SCHOOLS**


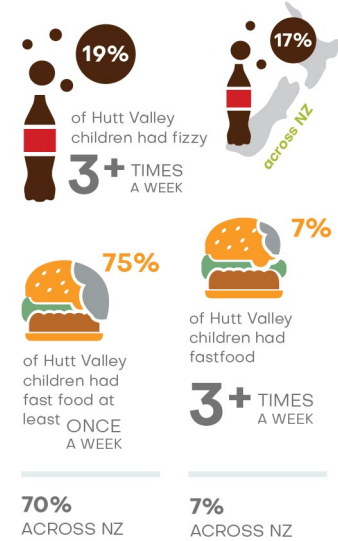
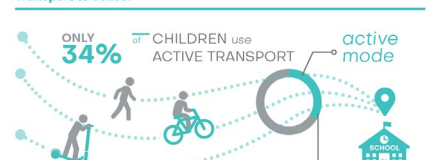


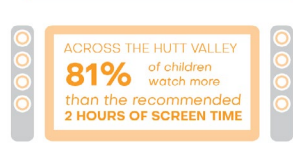


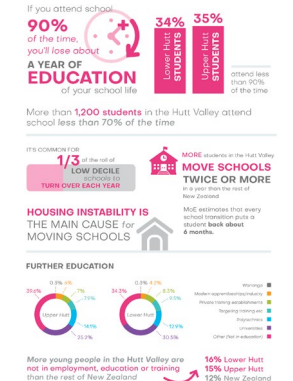
MoE estimates that every school transition puts a student **back about 6 months.**

FURTHER EDUCATION



More young people in the Hutt Valley are not in employment, education or training than the rest of New Zealand

16% Lower Hutt
15% Upper Hutt
12% New Zealand

DATA DISPLAYED	DATA SOURCE
<p>Healthy options</p> <p>Hutt Valley Children</p> 	<p>NZ Health Survey 2014-2017 Regional data by DHB. https://minhealthnz.shinyapps.io/nz-health-survey-2014-17-regional-update/</p>
	<p>NZ Health Survey 2014-2017 Regional data by DHB. https://minhealthnz.shinyapps.io/nz-health-survey-2014-17-regional-update/</p>
<p>Transport to school</p> 	<p>NZ Health Survey 2014-2017 Regional data by DHB. https://minhealthnz.shinyapps.io/nz-health-survey-2014-17-regional-update/</p>
<p>CAR is the most common form of transport for Hutt Valley's young people, followed by WALKING.</p> 	<p>Play in the Hutt Research http://www.huttcity.govt.nz/play</p>
 <p>88% of Lower Hutt children DO NOT PLAY EVERY DAY</p>	<p>Play in the Hutt Research http://www.huttcity.govt.nz/play</p>
<p>Screen time</p> 	<p>NZ Health Survey 2014-2017 Regional data by DHB. https://minhealthnz.shinyapps.io/nz-health-survey-2014-17-regional-update/</p>
<p>Screen time is exclusive of school or homework</p>	<p>NZ Health Survey 2016/17 https://minhealthnz.shinyapps.io/nz-health-survey-2014-17-regional-update/</p>
<p>Lower Hutt secondary students involved in SCHOOL SPORT</p> 	<p>Sport NZ Insights Tool. Sports in Schools tab, data sorted by City District. https://sportnz.org.nz/managing-sport/insights/sport-nz-insights-tool/</p>
	<p>Kids Cam research from University of Otago https://www.sciencedirect.com/science/article/abs/pii/S0277953617305907?via%3DiHub</p>
	<p>Data provided by Ministry of Education Data Analyst. For more information please contact Healthyfamilieslowerhutt@huttcity.govt.nz.</p>

All data sources except Education data, downloaded in May 2019
Education data downloaded in June 2019